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YOU SAID WE DID

Thank you to all of you who have answered our monthly newsletter question, your feedback is appreciated and helps us to improve the service we provide.

In February we asked you about how well the CADcentre encouraged healthy living and physical activity.

78% of you graded us as Good or Very Good, with another 16% grading us as fairly good.

We were pleased with the response but we will continue to look at ways to develop this further.

In March we asked you about how well the CADcentre promoted and encouraged you to use the Welsh language and learn about the Welsh culture.

These responses were more varied, depending on your use of the language and where you live.

74% of you graded us as Good or Very Good, with another 15% grading us as fairly good.

One suggestion was that we add a word of the month and we're happy to say we will start this from this month, another was that we make it more prominent within the newsletter, so we've moved it to the front page.

Our newsletters are also available in Welsh and are available on our website www.cadcentreuk.com under downloadable documents and through your assessor.

Learner Survey

How would you rate the standard of service of the CADcentre?

5 4 3 2 1
 (Very Good) (Good) (Fairly Good) (Fairly Poor) (Poor)

If below 3, what would the CADcentre need to do to improve to Good or Very Good?

WELSH WORD OF THE MONTH

Rhagori (Exceed)

Focus on Prevent: Radicalisation & Extremism

Under the Counter Terrorism & Security Act 2015, there is a duty placed on the CADcentre to raise awareness of the Government's "Prevent" agenda.

It is part of the CADcentre ethos to ensure the health, wellbeing and safety of our learners and staff.

One of the risks to people is the risk of being drawn into terrorism and ideologies that promote and justify terrorism.

The Prevent agenda is not about hindering free speech, political or religious views.

The Government's counter terrorism strategy is known as "CONTEST", and comprises of 4 parts:

Pursue, Prevent, Protect, & Prepare:

Preventing terrorist attacks, preventing people being drawn into terrorism, strengthening the country's protection, and mitigating the effects of an attack if it can't be prevented.

EXTREMISM is defined by the government as vocal or active opposition to fundamental British Values including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs. Also included in the definition of extremism is the call for the death of members of the armed forces.

The government believes that the threats are from both Religious extremists and White supremacists'.

RADICALISATION is defined as a process whereby a person comes to support extremism and acts of terrorism.

There are three parts used to consider whether someone will be vulnerable to being drawn into terrorism: **Engagement, Intent, and Capability.**

Engagement: including identity and personal

circumstances, and aspirations.

Indicators of vulnerability may include: low self esteem, becoming distanced from own culture/religious heritage, feelings of grievance, desire for status and adventure, peer pressure, accessing violent websites on social media.

Intent.

Not everyone who becomes engaged with certain groups go on to cause harm. It is only a small percentage of people who have the readiness to use violence.

Intent factors could include attitudes that justify violence, and harmful objectives.

Capability .

This may include people with a criminal capability, knowledge, skills and experience, and resources.

CHANNEL is the support agency who assess the vulnerability of anyone referred as being at risk of radicalisation.

We encourage all learners to be more aware of this issue.

There is an informative and helpful free online training tool which takes about 25 minutes to complete, and you can download a certificate at the end.

http://course.ncalt.com/Channel_General_Awareness/01/Index.html

Anyone who has any concerns should contact Karen Smith Director at the CADcentre on 01633 841702, or by email: Karen@cadcentreuk.com.

Also, everyone can contact the police on non emergency number 101, or if an imminent emergency, then the Police emergency number 999.



WELSH CULTURE



Hay Festival, Powys 25th May — 4th June

Hay Festival Wales takes place 25 May – 4 June in Hay-on-Wye, bringing writers and readers together to share stories and ideas in events that inspire, examine and entertain. This year they celebrate 30 years of the event.

The Great Strait Raft Race, Menai Bridge Sunday 4th June

which is held annually on the majestic waters of the Menai Strait. Starting from the old slate port of Felinheli rafts proceed past historic Plas Newydd and on towards Porthaethwy (Menai Bridge). En route passing beneath the Britannia and Menai bridges, built by Robert Stephenson and Thomas Telford.

Man v Horse Marathon, Llanwrtyd Wells Saturday, 10th June

The man versus horse marathon is an annual 22 mile race, where runners compete against riders on horseback, in the Welsh town of Llanwrtyd Wells. The event started in 1980 after a pub landlord overheard two drinkers discussing the merits of men and horses running over mountainous terrain. The course was changed in 1982 to provide a more even match between the man and the horse but it took until 2004 before a man finally beat a horse.



South Wales: 0808 2000 129 North Wales: 01248 679 956

FOCUS ON E-SAFETY

We all rely on the internet and social media for more of our work and private lives. However, using the internet is not without risks: Stay safe by:

1. Set your Privacy settings, and don't put your personal details such as address, phone numbers on line. Guard your information, and watch out for synchronisation between devices like Android.
2. Never meet anyone face to face who you have only met on-line. Or meet in a public place and take a friend with you.
3. Think before sending explicit sexual pictures via webcams; you have no control over who sees it.
4. If you are trolled or bullied on the internet. Don't reply to bullies, block them, and if threats have been made to you, then phone the Police on non-emergency number 101, or if there are imminent threats, on the Police emergency line 999.
5. Beware of so called phishing email and phone scams:
 - Banks will NEVER email you to ask for your PIN, or security passwords.
 - Banks will NEVER phone and ask you to transfer your money to a different account.

If someone from your bank contacts you about suspicious activity on your account, if you can't verify their ID, put the phone down, disconnect the call. Then on a separate phone line (if possible), phone the number on the back of your bank card.

 - HMRC will NEVER contact you by email saying you've had a tax rebate.
6. Beware of false investment offers which may suggest celebrity endorsement. If something looks too good to be true, it probably is. Always take independent financial advice.
7. Be aware of someone who may be grooming you online for sexual or financial exploitation. This can happen to people of any age. Watch out on Dating Websites.
8. Beware of opening emails with attachments. If you don't know their source, you may run the risk of viruses being downloaded to your device.
9. It is your responsibility NOT to download illegal content such as films.
10. It is illegal to download content promoting extremism or content promoting acts of terrorism.

NOTABLE DATES

5th June, World Environment Day: This was designated by the United Nations for raising awareness for the need to protect our environment.

8th June, The Election: 650 MPs will be elected on June 8th. An election wasn't due until 2020, but Theresa May called for a snap election which MPs consented to by 522 votes to 131 in order to vote you MUST be listed on the electoral register. Go to: www.gov.uk/register-to-vote

10th June, The Queen's Birthday Parade, Trooping of the Colour: An annual event to celebrate the Queen's Birthday. The Household Division, on Horse Guards Parade, with the Queen herself attending and taking the salute.

12th June, World Day Against Child Labour: A significant proportion of the 168 million children engaged in child labour live in areas affected by conflict and disaster. The World Day Against Child Labour this year will focus on the impact of conflicts and disasters on child labour. For more information visit: www.childhope.org.uk

ESSENTIAL SKILLS WALES

When do we use Capital Letters?

Here are some examples:

- **Use a capital letter for the personal pronoun 'I':**
Can I help you?
- **Use a capital letter to begin a sentence or to begin speech:**
The man arrived. He sat down.
Suddenly Mary asked, "Did you get my message?"
- **Use capital letters for many abbreviations and acronyms:**
ESW (Essential Skills Wales)
- **Use a capital letter for the days of the week, months of the year, holidays:**
Monday, January, Christmas,
- **Use a capital letter for countries, languages & nationalities, religions:**
England, Welsh, Muslim
- **Use a capital letter for peoples names and titles:**
Donald, Miss Roberts, Professor, Prince William
- **Use a capital letter for trade-marks and names of companies :**
Coke, Microsoft, the United Nations, Audi, Spar

IF YOU HAVE ANY DIFFICULTIES WITH LITERACY OR NUMERACY PLEASE SPEAK TO YOUR ASSESSOR AS THEY WILL BE ABLE TO HELP YOU

MULTI FAITH DATES

**Christian, 11th June
Trinity Sunday**

Trinity Sunday celebrates the Christian doctrine of the Trinity, the three Persons of God: the Father, the Son, and the Holy Spirit.

**Sikh, 16th June
Guru Arjan Martyrdom**

On the 16th June of every year since 1606, the Sikhs commemorate the martyrdom of Guru Arjan Dev Ji.

**Catholic Christian, 23rd June
Sacred Heart of Jesus**

Devotion to the Sacred Heart of Jesus can be clearly traced back at least to the eleventh century. It marked the spirituality of Saint Bernard of Clairvaux in the twelfth century and of Saint Bonaventure and St. Gertrude the Great in the thirteenth.

**Islam, 25th-26th June
Eid al Fitr**

Millions of Muslims around the world will take part in Eid al Fitr once again this year. The date of annual festival following the month-long fast for Ramadan is determined by the movement of the moon. Eid is the most important day in the Muslim calendar, a day when people thank Allah for the willpower and strength given to them during Ramadan.

Safeguarding

We support the right of all to be protected from harm and recognise that safety and welfare are paramount, and if any learner has any concerns whatsoever regarding Safeguarding then please contact either:

Karen Smith, Director,
Designated Safeguarding Person
01633 252502 - karen@cadcentreuk.com
Linda Thomas, General Manager
01792 475522 -
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Colin Davis, Manager North Wales
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COMMENTS - SUGGESTIONS

We enjoy hearing from our learners and employers!

If you have any comments or suggestions for inclusion in future newsletters then please contact us.

Freephone 0808 2000 129